



# Glenbard Township High School District 87

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## **CARES program to examine the overindulged adolescent**

Parents of teen-agers are invited to an informative presentation that will address overindulged teens and how to raise healthy, happy and responsible young adults.

“The Overindulged Adolescent: Raising Teens to be Respectful and Responsible Adults” will be presented at 7 p.m. Tuesday, Sept. 19, in the library at Glenbard West High School, 670 Crescent Blvd. in Glen Ellyn. Renown speaker Dr. Margaret Wehrenberg will help explain the effects of overindulgment upon both parents and teens and what we can do to help minimize the effects of adolescent frustration, anxiety and confusion.

This event is presented by Glenbard West’s CARES and is open to all parents, no matter what school their child attends. It is underwritten by Linden Oaks Hospital at Edward and Community Bank Wheaton/Glen Ellyn.

Parents also will have an opportunity to meet Glenbard District 87 Superintendent Michael Meissen.

Prior to the presentation, a parent discussion group and orientation will be held at 6:30 p.m. This pre-meeting offers an opportunity to share concerns, problems and solutions.

The presentation will examine the effect overindulgence has upon teens, their families and society; a parent’s role in the healthy maturation of the adolescent brain; and general principles of respect; responsibility and discipline.

Further information is available by calling Gilda Ross at (630) 942-7573.

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