



Glenbard Township High School District 87

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Inspirational parent presentation part of Live Life Well week

Glenbard West is gearing up for Live Life Well week, which will feature fun activities and informational sessions for teens and their parents.

Students for Students, a club designed to educate and motivate teen-agers to make positive decisions about the choices in their lives, sponsors Live Life Well week, which is Feb. 20 to 25.

Parents will want to be sure to visit the community resource expo at 6:30 p.m. Tuesday, Feb. 20, in the auditorium at Glenbard West, 670 Crescent Blvd. in Glen Ellyn.

Following the expo, Adolph Brown, a world-renowned motivational speaker, will offer a dynamic and inspirational presentation for parents at 7 p.m. An engaging presenter, Brown uses humor and his research knowledge of family practice to offer motivational solutions that families can use right away. This evening is the highlight of Glenbard West's CARES parent network workshops.

Wellness activities for students will be held throughout the week. On Thursday, Feb. 22, CARES will provide students with a free breakfast.

The community is invited to join in the activities. A health and volunteer fair will be presented from 7:40 a.m. to 2:30 p.m. Feb. 22 in the field house. Free screenings and assessments will be available, along with much more.

Further information is available by calling (630) 469-8600.

Live Life Well week is the highlight of Students for Students, which is a group of 75 active members who meet weekly to plan projects that engage the entire student body. especially proud of our student generated, planned, and implemented programs that promote kindness and tolerance. Students for Students has received national recognition for their most recent student sponsored, stress reduction strategies.

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