



Glenbard Township High School District 87

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Program to explore teen sexuality and relationships

Teen sexuality, peer pressure and intense emotions often are difficult for students and adults. Often, teens have serious questions but feel intimidated to discuss details of their personal lives with parents. Yet, now more than ever, teens need adult guidance and support as they become aware of their sexuality.

Parents who attend a Tuesday, Nov. 8, program at Glenbard West High School have a valuable opportunity to learn how to initiate and maintain a healthy dialogue with their children about sex; make sense out of the mixed cultural and sexual messages teen-agers receive through advertising, entertainment and music; and spot the signs a teen-ager is becoming sexually active.

Glenbard West's CARES organization will present "The secret lives of teens, a discussion of teen sexuality and relationships" at 7 p.m. Nov. 8 in the school library, 670 Crescent Blvd. in Glen Ellyn.

All Glenbard District 87 parents and students are welcome to attend. At 6:30 p.m. Nov. 8 a parent discussion group and orientation will be held. This session offers an opportunity to share concerns, problems and solutions with one another.

"The secret lives of teens" will explore the many ways teens are changing – socially, emotionally and physically – and provide answers and encouragement to teens and adults alike.

Other topics to be addressed include: sexual role models and peer pressure, what are teen relationships like today; what kids know and don't know about sexual behavior, responsibility and risks; and what are the symptoms of an unhealthy teen relationship?

The featured speakers are Cynthia Cornejo, coordinator of child and adolescent programs at Alexian Brothers Behavioral Health Hospital, and Holly Harris, consultant specializing in child and teen sexuality.

For more information, please contact Gilda Ross at (630) 942-7573.

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